



WEEROONA

NEWS

December 2012 -

January 2013



Rebecca & Greg cutting the cake at our 21st Celebration

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FROM THE MANAGER

Welcome to the final newsletter for 2012.

This year has been another very busy year, especially in terms of the political arena and the push for a National Disability Insurance Scheme (NDIS).

You may remember the QLD Premier saying the NDIS should be funded by the Commonwealth and that we would not be participating in the trial. Then Queensland launched 'Your Life Your Choice' (self directed funding) as its preparation for an NDIS. As I write I now read that the Premier has announced an \$868 million funding injection to be implemented over 2014- 2019 which will allow us to join in with the development of an NDIS. I don't pretend to know the outcome of all this posturing but I can say the NDIS seems to be high on the agenda of politicians and has been making the headlines, more often. I think the 'Every Australian Counts' campaign is doing a fine job and I urge all our readers to visit this website and register, to help ensure the NDIS is a certainty.

Weeroona is working to develop a model for self-directed support and will be applying for approval as a 'Host Provider' under the 'Your Life Your Choice' framework. This model is exceedingly important as it will be our base for operations into the future and will be aimed at meeting the various requirements of families in the 'Self Directed Funding' / 'Your Life Your Choice' arena. Please feel free to discuss with me your needs into the future.

If you see a new face in the office at Weeroona it will probably be that of Tammy Shelley. Tammy is standing in for Susie Ma who will be on 6 months leave as of early January. We welcome Tammy to Weeroona and look forward to working with her in Susie's absence.

In closing I would like to wish a Happy Xmas and prosperous New Year to our Families, our Committee and our Staff. I hope that you have time to be with loved ones over the festive season and I look forward to working with you in 2013.

Regards

Greg Wilson

Public Holidays

25th December 2012 - Christmas Day

26th December 2012 - Boxing Day

01st January 2013 - New Year's Day

Weeroona's Office closed 24th - 28th Dec

Opened 2nd January 2013



Looking for something to do these School Holidays?

15th January 2013—**LAZERAGE - URBAN ASSAULT**

Monkland State School, Gympie
Ages: 12-25 BOOK NOW- REGISTRATION REQUIRED

COST \$10 - Lunch Provided -10.00am - 2.00pm LIMITED PLACES
Register at Community Services by 14th January 2013

17th January 2013 -**KANDANGA POOL PARTY**

Kandanga Swimming Pool, Kandanga
ft. DJ RICK FREE ENTRY -4.00pm - 8.00pm Food & Drink Available

18th January 2013 -**MOVIES TILL MIDNIGHT 11**

3 BIG Movies 1 Great Price Limited Tickets Available

5.15pm - 12.00am BOOKINGS ESSENTIAL -Cost \$24

Tickets available from Gympie Sovereign Cinema

22nd January 2013—**RAINBOW BEACH POOL PARTY**

Rainbow Beach Sports Club, Rainbow Beach
ft. DJ RICK FREE ENTRY -4.00pm - 8.00pm Food & Drink Available

24th January 2013-**ICE SKATING**

Roller drome on Ice, Caloundra

Ages: 12-25 BOOK NOW - REGISTRATION REQUIRED

COST \$15 LIMITED PLACES—Bus departs 8.30am - Returns 2.00pm
Register at Community Services by 22nd January 2013

25th January 2013—**SKATE PARTY**

ft. DRAWING BOARDS & SHRED SHED TEAM DEMO
Nelson Reserve Skate Park, Gympie—Demo from 2.00pm LIVE MUSIC

Infection Control

All blood and body substances are considered potentially infectious.

What to have in mind to avoid infections:

Use good hygiene practices to protect yourself when:

- * you may get in contact with a persons blood or body substances
- * assisting with personal care
- * rendering first aid
- * handling contaminated items
- * handling soiled laundry



Good hand hygiene practices include:

- * always using disposable gloves when there is risk of exposure
 - * washing hands thoroughly with soap (vigorously rubbing for 10-15seconds),
 - * rinse under running water after task is completed, also when gloves were worn.
 - * Cover wounds with appropriate dressing to avoid cross infection



Be aware of self or others having an infectious illness. (flu, tummy bugs etc)

- * don't come to work when sick
- * for families to let the organisation know when their family member is sick, so exposure for support staff can be managed



A day out was arranged on Sunday 2nd December to show our appreciation to Weeroona support staff. A bus load of Staff traveled to Kin Kin to enjoy the markets and share a pub lunch.

DISABILITY SERVICE STANDARD 3: Decision-making and Choice

It is important that individuals participate as fully as possible, in decision-making and with choices about activities and events in their lives in relation to the services and supports received.

Weeroona seeks to maintain the involvement of the individual and significant others in all decision-making and choice processes through:

- ◇ The provision of information so that informed decisions and choices can be made
- ◇ Careful and collaborative planning and goal setting processes
- ◇ Ensuring that the Individual with a disability remains at the forefront of all planning processes.
- ◇ Wherever possible, providing the person with information and support to access an independent support person of their choice, to assist them in their decision making, and choice.
- ◇ Ongoing reviews to ensure that services and supports provided remain relevant and meet the changing needs, aspirations, and choices of the individual
- ◇ Maintaining supports and services which are not unduly restrictive or limit the person's rights, choices or opportunities whilst taking reasonable care to avoid risks.

What will help you through your next challenge?

Discover skills that work.

Build your ability to cope in helpful ways with Life's ups and downs.

[Riding the Rollercoaster](#)

6 x 2hr sessions starting New Year!

Venue: Veterans & Community Hall, and Widgee Community Complex

Nautilus Drive, Power Road
Cooloola Cove. Widgee

Dates: Thursday Friday
Jan10,17,24,31 Feb 7,14 Jan11,18,25, Feb 1,8,15
10-12 morning tea included 10-12 morning tea included

Places limited. All enquiries and bookings please contact **Tracy Winchester** Disaster Recovery Service **Tel: 5482 9007 Phone or Text: 0419 880 799**



Queensland Government



Australian Government



We get up again



Support workers are currently undergoing "Refresher training".

Pictured is the first group who met on Tuesday 4th December & participated valiantly despite the heat and the broken air conditioning!

Topics of discussion included:

- Conflict of interest
- Social Role Valorization
- Duty of Care

Feedback was also sought from support workers as to how Weeroona can support them better in their role.

Vehicle Checks - due by December

A reminder that the new 'Vehicle Check' required for all vehicles used in Support is due in December.

This is a part of our ongoing effort to meet safety requirements for staff and people receiving support. *The Vehicle Check form applies to all service user and support worker vehicles used during Weeroona Support.*

We ask that a current 'Vehicle Check' be on file with Weeroona by 31st December 2012.

Thank you to those people who have already supplied a completed Vehicle Check form, your promptness has been appreciated

If you have any questions about this please contact the Manager or your Coordinator.

My Trip by Tim Joyce

In July I went to visit my sister in Mount Gambier in South Australia. I flew to Melbourne in a big jet and then flew in a small plane to Mt Gambier. My brother-in-law Garry loaned us his Holden ute and we went to lots of places. I saw the Saleyards at Mt Gambier, Naracoorte and Millicent. I did some work making boxes at Garry's factory. Sometimes I had Subway and McDonalds for lunch but I really liked the bacon and egg jaffles from Jaffle King.



Important update!

On the 5th December, the travel allowance increased from 74 c to 75c.

Public Holidays—2013

| | | |
|----------|------------------------|-----------------|
| Tuesday | 01 January 2013 | New Year's Day |
| Monday | 28 January 2013 | Australia Day |
| Friday | 29 March 2013 | Good Friday |
| Saturday | 30 March 2013 | Easter Saturday |
| Monday | 01 April 2013 | Easter Monday |
| Thursday | 25 April 2013 | Anzac Day |



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Please use the front entry at the top of the ramp to enter the building.

OFFICE HOURS:

Mon— Thurs 9.00am to 4.00pm

Fri 9.00am to 3.00pm

Closed weekends and Public Holidays



WOULD YOU LIKE TO PUT SOMETHING IN THE NEWSLETTER?

PLEASE LET US KNOW, CONTRIBUTIONS ARE GRATEFULLY ACCEPTED.



Compliments, Suggestions or Complaints

Please feel free to complete a Service Improvement Request Form located at the desk in reception. Your comments can remain anonymous by placing the form in the suggestions box at the ramp.

