



# WEEROONA NEWS

*“Taking time to care”*

## Gympie Show



Photos L to R

Craft by C Feltham

Photo by T Joyce

Photo by Y Tansey

Photo by F Povarchook

Craft by M Cutcliffe



### WHAT'S INSIDE:

- Pg 2 Manager's report & Public Holiday Dates
- Pg 3 Weeroona's Policy & Procedure
- Pg 4 Human Interest
- Pg 5 Human Service Quality Standards
- Pg 6 Contact Details



## FROM THE MANAGER

Welcome Newsletter Readers

Our audit against the Qld Disability Service Standards went well and uncovered a few minor document control deficiencies which will be addressed in the immediate future. The Auditor commended the service for the quality of the Support Plan, Support Plan Review and the Family Information Updates and this was noted in the report. I must thank all families and staff for their participation.

Self Directed Support & Your Life Your Choice are models of support that will help the sector here in Queensland to prepare and transition to the Disability Care (NDIS) Model in the future. To allow Weeroona to offer these options to people with a disability in the community, I will be working with Doris Knackmuss to develop our Self Directed Support Model. We hope to have a model in place before the end of this year. I am glad to address your questions about what this means to you at present and into the future.

The implementation of our new database, Prosims, and the electronic timesheets portal, TimeOnline has commenced. We have worked through the processes and I expect a smooth transition, but the unforeseen is exactly that and I ask for your patience and cooperation over the implementation period. Please don't hesitate to call if you are at a loss to understand any part of the implementation or the processes that may affect you.

Adios,

Greg Wilson

**\*\*\*\* Next Public Holiday \*\*\*\***

**Monday 10th June - Queens Birthday**



Statistics released by the Australian Bureau of Statistics have confirmed that volunteering is growing as the volunteer rate now tops 38% of all Australians, 6.4 million people.

Anyone thinking about volunteering is encouraged to use [www.govolunteer.com.au](http://www.govolunteer.com.au) as their starting point to identify positions of interest in their own area.

## **WEEROONA MOVES INTO THE 21<sup>st</sup> CENTURY**

Hi All,

By now you all should have received information regarding our new database program and the electronic timesheets.

Training has taken place for all support workers and most people are ready for the change. For those of you who are still a little hesitant, please remember we are always here to help.

To test the new process we will be comparing two fortnights of wages produced by our existing process and the new process. This will identify any issues that we may need to address prior to completely changing over to the new system on 19th June 2013.

One requirement brought about by the new process is the introduction of a Log Book for claiming Travel. All support workers who claim travel now have a log book, which records exactly the same information as is recorded on the paper timesheets now. Entries in the Log Books must be initialled by the family to indicate the travel is authorised. The support worker then enters authorised travel amounts on their electronic timesheets and ticks a box to state that this travel has been authorised. Please remember that if you are claiming travel use one log book page per family. I

Please remember to inform coordinators of any changes to support times as this helps keep on-line timesheets accurate and reduces your input when submitting your shifts.

If anyone needs more information or clarification on any matter please do not hesitate to contact your coordinator.



*“He’s not depressed, it’s behavioural:  
Mental health disorders and intellectual disability”*

An insightful presentation of the above topic was given by Dr Luke Hatziptrou from the Intellectual Disability Outreach Service back in April.

Luke successfully challenged the assumption that people with an intellectual disability are unable to have or be treated for a mental illness.

He highlighted that there is a significant lack of research about dual diagnosis & because of this, people with an intellectual disability have limited access to appropriate assessment & treatment.

He identified anxiety and depression as being the most common illnesses due to the increased risk factors that a person with an intellectual disability often faces.

Predominantly, referrals to mental health professionals for a person with an intellectual disability have occurred due to inappropriate behaviour. If a description of inappropriate behaviour is the only information provided, it may lead to misdiagnosis or no diagnosis as the clinician ends up assessing the behaviour itself rather than the whole picture.

If you have concerns about someone’s mental well being Luke recommends keeping accurate, consistent records over a length of time about all of the changes you have noticed as well as any occurrences of inappropriate behaviour. Examples of things to note are: changes in appetite, changes in sleep patterns, loss of interest in activities that were previously enjoyed, difficulties with concentration, changes in speech, new mood swings, evidence of a distress, reduced functioning. The more information, the better chance of a diagnosis and successful treatment.

If you would like a copy of the notes from this workshop contact Weeroona and ask for Trish.

*Feedback from recent training events:*

*Manual Handling:*

16 Weeroona staff recently attended some training in Manual handling with Physiotherapist Con Walsh. Con explained how the body is best positioned for strength and ease of movement & provided some insight on how to avoid injury. We learnt that using the correct postures and body movements today will help prevent wear & tear injuries in the future.

**WORKSHOPS, SEMINARS AND TRAINING OPPORTUNITIES**

☆ **DRAMA COURSE**

The Community Futures Project is asking for *expressions of interest* for a 6 week drama course. Classes will run once a week (Tuesdays) from 10 am to 2 pm. The course will cover theatrical storytelling techniques transforming a well-known story/fairy-tale into an entertaining play for the stage. The course will end with a presentation of work to friends and family.

Where: Wide Bay TAFE Gympie

Cost: \$90 per participant

Limited places available. Please notify Louise Bezel of your interest in attending this course: Ph: 0427 271 724 or Email: lbirgan@gmail.com

☆ **FREE QUIT SMOKING INFORMATION SESSION**

Facilitated by Terry Jacobs CNC (Dual Diagnosis Coordinator)  
Sunshine Coast Hospital & Health Service.

When: Wed 12th June 10.30 to 12.30

Where: 214 Mary St (Opposite the RSL Club).

Register: Contact Choice support services on 54821805

☆ **SUPPORTED DECISION-MAKING**

**Queensland Advocacy Incorporated and QUT's Health Law Research** Centre are holding a seminar:

When: Friday 28 June

Where: Gardens Theatre Complex, QUT Precincts, 2 George Street, Brisbane

Time: 8.30am - 5.00pm

Cost: \$30 for People who are unwaged

Bursaries available (Free Tickets) for people with disabilities and their supporters

For more information call Karlie or Nick 38444200: email Karlie@qai.org.au: nick@qai.org.au

## COMMUNITY EVENTS AND THINGS TO DO

### ⇒ **Hydrotherapy Pool Information Night - Fundraising Launch**

Join us for a night of fun, information and fundraising.

When: 19th June

Where: Avenues Hall, 37 Red Hill Road, Gympie

Time: 7.00pm

RSVP by 12th June on 0408 876 973 or 5480 2315 or

email: [GympeiHydro@gmail.com](mailto:GympeiHydro@gmail.com) or [derekhume@roycewater.com.au](mailto:derekhume@roycewater.com.au)

### ⇒ **Share a Cuppa & Information with other carers**

Where: Gympie Community Place, 24 Lawrence Street, Gympie

When: Every 2nd Tuesday of the month

Time: 10.30am to 12.30pm

Cost: Free

One on One counselling available

Phone Steps for Carers for more info 07 4150 1900

### ⇒ **Games Day and Dancing and Music at Avenues Hall**

Venue: Avenues Hall, 37 Red Hill Road, Gympie

When: Games Day - first Tuesday of the month 10.30 to 12.30

Dancing one Wednesday, Music the next 10.30 to 12.30

Cost: Gold coin donation for both events

### ⇒ **Gympie Home Show**

Where: The Pavilion at the Show Grounds, Exhibition Road, South Side

When: Sat 13th July & Sun 14th July

Cost: \$2 per adult, kids free

*Prize giveaways, food stalls, kids entertainment, Farmers Markets, Hand-made products, meet Rocco, Dan & Steph from My Kitchen Rules*

### ⇒ **Soundcheck**

Pro 'Jam' Session [www.facebook.com/soundcheckgympie](http://www.facebook.com/soundcheckgympie)

When: 3rd Saturday of the Month (Next Jam Saturday 15th June)

Where: Nelson Reserve Gympie

Time: 11am til 3pm

Phone: 5481 0760 for more information

## HUMAN SERVICES QUALITY STANDARDS



Let's start with the easy one:

### **HSQ Standard 2: Service Access**

Standard 2 is the same as the Disability Service Standard No.1 Service Access

Services are required to:

1. Firstly define the eligibility criteria of the target group for their services, and
2. Have clear, fair, non-discriminatory entry and exit processes for people wanting to access a service. These need to be consistently applied and based on relative need and available resources.
3. If the organisation is unable to provide services to a person, due to ineligibility or lack of capacity, then there needs to be processes in place to refer the person to an appropriate alternative service.

Weeroona's eligibility criteria is outlined in our Information Booklet and Brochure. More detail on the eligibility criteria and entry/exit processes can be found in Weeroona's Initial Contact, Access, Referral and Departure Policy and Procedure. If you would like a copy of this please speak with a Coordinator or Facilitator.

**WELFARE  
RIGHTS  
CENTRE INC**



**Disability Discrimination Advocacy Service**

**The Disability Discrimination Advocacy Service (DDAS)**

**provides advice, advocacy and free legal services to people experiencing Disability**

**Discrimination in Employment.**

Contact during business hours (Mon – Fri 9am – 5pm) and we can take your details and our

Telephone Advice Service will call you back. Free Call: 1800 358 511.

Ph: 07 3847 5532.

Website: If you would like to know more about disability discrimination law, the DDAS webpages provide useful, easy-to-read fact sheets outlining the basics of the Disability Discrimination complaints system in both Queensland and Australia and what constitutes disability discrimination in State and Commonwealth law.



# WEEROONA ASSOCIATION INC.

63 Duke Street, (PO Box 172), Gympie Qld 4570

Ph.: 5482 2451 Fax: 5482 2020

A/H: 0407 667 377

Email: [info@weeroona.org.au](mailto:info@weeroona.org.au)

Web: [www.weeroona.org.au](http://www.weeroona.org.au)

*Please use the front entry at the top of the ramp to enter the building.*

## OFFICE HOURS:

Mon— Thurs 9.00am to 4.00pm

Fri 9.00am to 3.00pm

Closed weekends and Public Holidays

---

## Would you like your work published?

No promises, but we may put it in the newsletter.

**PLEASE LET US KNOW, CONTRIBUTIONS ARE GRATEFULLY ACCEPTED.**

---

## Compliments, Concerns or Complaints

Please feel free to complete a Compliments and Concerns Form or a Complaints Form, both are located at the desk in reception. Your comments can be anonymous by placing the completed form in the suggestions box at the ramp.