



WEEROONA ASSOCIATION INC.

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WEEROONA

NEWS

June/July 2012

Please use the front entry at the top of the ramp to enter the building.

OFFICE HOURS:

Mon— Thurs 9.00am to 4.00pm

Fri 9.00am to 3.00pm

Closed weekends and Public Holidays

WOULD YOU LIKE TO PUT SOMETHING IN THE NEWSLETTER?

PLEASE LET US KNOW, CONTRIBUTIONS ARE GRATEFULLY ACCEPTED.

Compliments, Suggestions or Complaints

Please feel free to complete a Service Improvement Request Form located at the desk in reception. Your comments can remain anonymous by placing the form in the suggestions box at the ramp.



WHAT'S INSIDE:

- Pg 2 From the Manager and staff Training Opportunities
- Pg 3 Winter fire safety
- Pg 4 What have the Weeroona staff been up to?
- Pg 4 Disability Service Standard Review
- Pg 5 Whats on in the community
- Pg 6 Courses and holiday fun
- Pg 7 Article from Tim Joyce and Every Australian Counts
- Pg 8 Weeroona Contact Information



FROM THE MANAGER

Welcome to our June - July Newsletter. I am pleased to report that Robyn Allen has accepted the position of President of the Weeroona Committee. Robyn will also continue with the secretary responsibilities until we find a willing volunteer to fill our current vacancies. Thank you Robyn for your ongoing commitment. If you are interested in serving on the committee please contact myself or the committee. If you have no previous experience Weeroona would provide training and mentoring to assist you in functioning fully as a member of the committee.

On a different note: - Did you know that Weeroona delivers support to school leavers under the Disability Service Type 3.01. Weeroona currently supports several people under this service type and we would be very happy to talk to you about your needs as you plan for end of the final school year.

Do you also know that our very helpful and talented Admin. Officer Kerry, is also a Commissioner for Declarations. This means that you can arrange for Kerry to witness documents as you would a Justice of the Peace. Kerry can certify most documents that a JP can certify. Please call the office to make arrangements.

Please remember to update yourself on the progress of the National Disability Insurance Scheme at www.everyaustralian.counts.com.au
That is all from me.

Regards

Greg

TRAINING OPPORTUNITIES

Just an Update: Certificate IV in Disability
We apologise for the delay.
We are still awaiting clarification from the training organisation and we will keep you informed.



Asperger Services Australia Ltd is proud to host a one-day parenting workshop in GYMPIE

Parenting a child with Asperger's Syndrome

Unique challenges and practical strategies for parents

presented by

Dr Sally Lock PhD Clinical Psychology
MAPS

Friday, 10 August 2012

9.00am to 3.00pm

Prospector's Hall, Gympie Civic Centre
24 Mellor Street, Gympie

Registration Required

Phone: 07 3865 2911 Fax: 07 3865 2838

www.asperger.asn.au

email: stef@asperger.asn.au

The Gympie Show By Tim Joyce

On Thursday 17th May I saw cattle, horses, machinery, pig races and fireworks.

I bought lunch, drinks and show bags.

Look at my photo.



COURSES

Developing Emotional Balance - 8 week group course

Cost: \$350 (\$275 concession) payment plans available
 For more information and registration: Ph. Astrid 5492 7667
 or 0401 904 995 or www.openground.com.au

What's Communication got to do with it?

When: For parents/unpaid carers Tuesday 12th June FREE
 For Disability Sector staff Wed. 13th June \$40
 Where: Jagera Arts Centre, 121 Cordelia St, Sth Brisbane
 Time: 9.00am - 3.00pm
 Enquiries: 07 3237 1482
 Registration forms available from Weeroona office



Autism Spectrum Disorder/Aspergers Syndrome/Autism Behaviour Issues

Interactive Workshop for Parents, families and others
 When: Tuesday 12th June 2012
 Where: Mary River Motor Inn, Cnr Bruce H'way & Oak St,
 Time: 9.30am - 12.30pm
 Cost: \$45 per person
 Registration please call Anna on 0419 168 742

HOLIDAY FUN

- ☆ Ten Pin Bowling, 26th June, 10am to 1pm
 Contact Youth and Community Development, Ph.: 5481 0762
- ☆ Wii Gaming Comp, 2nd July, 8.30am
 Contact Gympie Sovereign Cinema
- ☆ Skate "N" Scooter comp, 3rd July, 1.30pm
 Nelson Reserve Skate Park
- ☆ Skate "N" Scooter comp, 5th July, 1.30pm
 Rainbow Beach Skate Park
- ☆ Movies till midnight, 6th July, 5.30pm
 Ice Age 4, Brave, Spiderman \$20, see Gympie Sovereign Cinema

'Get the Wrap' ON Winter Fire Safety



FACT: Last winter there were 542 reported fires with 190 of those occurring in July alone. Protect your household and those with increased risk. Everyday people get burned in fires, everyday!



Tips for Staying Safe through the Cooler Months

- 1. Install and maintain your Smoke Alarms:**
 Have an adequate number of suitable smoke alarms installed throughout your home and make sure that you test and clean them regularly, and change the battery annually.
- 2. Prepare and Practice your Escape Plan:**
 Develop a home escape plan and practice it with all the members of the household. Assemble at your meeting point eg. Letterbox. Ring the Queensland Fire and Rescue Service on 000 from a neighbour's house. NEVER go back into a burning house.
- 3. Screen and Clean up your Open Fireplace:**
 If you have a fireplace ensure fire screens are always in position. 'All solid fuel heaters should have chimneys cleaned annually - only use dry timber'.
- 4. Stay clear 1metre around your Heaters:**
 Portable heating equipment should be placed in a stable position, a safe distance away from clothes curtains, tablecloths, and bedding. Keep a clear space of 1 metre around heaters.
- 5. Check and Test your Electric Blankets:**
 Check blankets for damage or frayed cords before placing them on the bed. To test an electric blanket, lay it flat on top of the bed, and then switch it on for five minutes to confirm it is OK, before affixing it to the bed. It is recommended that they are turned on half an hour before going to bed and then turned off at the power point when getting into bed. Never sleep with the electric blanket on.
- 6. Regularly clean your Clothes Dryer:**
 Clean lint filter regularly. Don't leave on for long periods of time and especially if you are leaving the house. Make sure they go through their full cycles, which includes cool down.
- 7. Take extra care with your Candles, Matches and Lighters:**
 Use candles and open flames with care and extinguish them before going to bed or upon leaving the home. Store matches and lighters in a secure place not accessible to young children. Ensure cigarettes are completely extinguished before going to bed. Never smoke in bed.
- 8. Your Dead Locks can be deadly:**
 Never dead lock yourself inside your home. Smoke, toxic gases and fire spread rapidly, and time is limited for your escape.
- 9. Keep watch over your Cooking:**
 Never leave cooking unattended. Cooking fires are the most common cause of residential fires. Have an extinguisher and fire blanket in the kitchen and know how to use them.
- 10. Choose Low Fire Danger Clothing:**
 When purchasing clothing for children, such as pyjamas, nighties etc look for LOW FIRE DANGER labels. Elderly people should consider buying clothing which is close fitting, made from wool and will offer a higher degree of fire resistance than synthetic materials.

For more information call 1300 369 003 to book your safehome visit from the fire station nearest you or visit www.fire.qld.gov.au

ipg print



IN AN EMERGENCY CALL TRIPLE ZERO (000)

What have Weeroona Staff been up to?

Some of us attended an information sharing session to assist with the implementation of changes within Disability Services when these changes come into effect we will keep you updated.

A 'Professional Reflection and Documentation' workshop focusing on ethical practice, self reflection skills, documenting practices that uphold the rights of individuals and families was attended by Weeroona staff.

DISABILITY SERVICE STANDARD 1 – SERVICE ACCESS

Weeroona provides:

- ◇ An open and accountable process for providing service.
- ◇ Brochures and fact sheets stipulating eligibility criteria.
- ◇ Intake and assessment forms which identify personal needs.
- ◇ Staff who know and understand the Policy and Procedures around access to the service (e.g. Initial Contact, Access, Referral and Departures/Service Users Rights and Responsibilities/Cultural Diversity and Individual Needs/Planning with Families and Individuals etc.)
- ◇ Accessible premises for individuals and families.
- ◇ Personal plans and file notes (Facilitators/Co-ordinators) which describe how needs and priorities of individuals and families are met.
- ◇ A Staff Induction checklist and Code of Conduct Agreement which evidences the principles of non-discrimination.
- ◇ Individuals and families with choice when seeking a support person

AN IMPORTANT REMINDER ABOUT INFECTIOUS CONDITIONS

(such as cold or flu, fungal infections, skin conditions, head lice that has not yet been sufficiently treated or eradicated).

No one enjoys being sick!



So it is important that families receiving support and those giving support are mindful of each others well being when either one is experiencing an infectious condition.

According to the Safe Work Practices procedure "Support workers experiencing an infectious illness should not work". Support workers are obligated to inform their Coordinator if they are infectious. Similarly, a family needs to advise their Coordinator if the person to be supported has an infectious illness. This is so that protective measures can be put in place. This allows for the safety and wellbeing of everyone to be respected.

CAMP AUTISM (QLD)

Camp Autism Queensland is holding a camp in Hervey Bay from 31st August - 3rd September, 2012. The camp is being held at Australia's Top Tourist Park at Scarness, Hervey Bay.



Please email Brian and Mary West at camp_autism@bigpond.com or go to the website www.campautism.org to find out more.

Health & Wellbeing—Sessions for Carers

These sessions are FREE for carers so please come along if you are caring for someone in the community such as a family member and need some time out for you to focus on your own Health & Wellbeing



When: Thursday 28th June

Where: Jesse Witham Memorial Centre, 1 Church St Gympie

At: 9.30am—12.30pm Lunch included

Please RSVP to Sarah on 5409 5929 ASAP

WHAT'S ON AT THE GYMPIE ART GALLERY

NAIDOC EXHIBITION— Hugo Du Rietz Gallery 19th June— 14th July

Local indigenous artworks on show in conjunction with NAIDOC Week to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander people.

PURELY WATERCOLOUR EXHIBITION—Friday 22nd June.(starts 6pm)

A group exhibition by local enthusiastic watercolour artists.

CLASSES:

- ⇒ MOSAIC CREATIONS –contact Sue Hoskins on 5484 9164
- ⇒ COLOURFUL CLAY - contact Sam Keane on 5483 6476/0418 715 052
- ⇒ BIG BOLD WATERCOLOUR : 2 day workshop Saturday 7th & Sunday 8th July with Robin Hines. Contact the Gallery on 5481 0733.

WINTER SCHOOL HOLIDAY ART WORKSHOPS –June 26-29th & July 3-6

Bookings & payments: Phone the gallery on 5481 0733 or pop in.