

# WEEROONA NEWSLETTER

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February / March 2012

## WHAT'S INSIDE:

- \* From the Manager
- \* Reminders
- \* What's Happening
- \* Training opportunities
- \* Disability Services Quality Service Standard 4

## WEEROONA OFFICE HOURS

**9.00am to 4.00pm  
Monday to Thursday.**

**9.00am to 3.00pm  
Fridays**

**Closed weekends and Public Holidays.**

Please use the front entry at the top of the ramp to enter the building.  
Thanks

**We also invite contributions and feedback from you.**

Let us know what you would like to see in the newsletter!

Another fresh new year is here . . .  
Another year to live!  
To banish worry, doubt, and fear,  
To love and laugh and give!

This bright new year is given me  
To live each day with zest . . .  
To daily grow and try to be  
My highest and my best!  
[William Arthur Ward](#)

## FROM THE MANAGER.

I hope your Christmas was what you had hoped for and that the New Year is shaping up well for you.

Over the last few years Weeroona has provided 2 newsletters, one for Staff and one for Families. This was done originally so that specific information for each group was only sent to that specific group. I have reviewed the need for two newsletters and have decided that if there is any particular information that does not sit well in a general newsletter it will be communicated in a separate mail out.

It's that time of the year again when we are due to complete our Quality Surveillance Audit with IHCA for Dept of Communities, Disability and Community Care Services. In the near future we will be sending letters to the appropriate service users. The letters will contain info about the audit and will offer people the opportunity to take part in the audit. The audit will be held on the 21st March.

Please remember to check out the [everyaustraliancounts](http://everyaustraliancounts) website for updates of the NDIS progress. National Disability Services will be doing follow up forums on the NDIS in the not to distant future. We will advertise them when we have the information.

*Regards,  
Greg Wilson*

## PAY PERIODS FOR 2012

Please remember timesheets are due in by 10:00am on the Wednesday

01st Feb - 14th Feb  
15th Feb - 28th Feb  
29th Feb - 13th Mar  
14th Mar - 27th Mar  
28th Mar - 10th Apr  
11th Apr - 24th Apr  
25th Apr - 08th May  
09th May - 22nd May

23rd May - 05th June  
06th June - 19th June  
20th June - 03rd July  
04th July - 17th July  
18th July - 31st July  
01st Aug - 14th Aug  
15th Aug - 28th Aug  
29th Aug - 11th Sept

12th Sept - 25th Sept  
26th Sept - 09th Oct  
10th Oct - 23rd Oct  
24th Oct - 06th Nov  
07th Nov - 20th Nov  
21st Nov - 4th Dec  
5th Dec - 18th Dec  
19th Dec - 01st Jan 2013

## Disability Services Queensland—Quality Service Standard 4

What Weeroona Association does to ensure **Privacy, Dignity and Confidentiality** for individuals, families and staff :

- Has and complies with Weeroona Associations Privacy and Confidentiality Policy & Procedure, the Charter of the Organisation and Duty of Care.
- Weeroona shares relevant information and ideas with individuals and families (via meetings, newsletters, surveys etc)
- Weeroona listens and responds to individuals and families in a genuine manner.
- Weeroona follows individual and families requests in a safe and supportive manner.
- Nomination of support person/informal advocate information for individuals & families is kept in family files (Family Support Plan Reviews etc).
- Staff Inductions confirm that all staff have signed a Confidentiality Agreement and Code of Conduct Form.
- Individuals and families are kept informed about Weeroona's Policies and Procedures (e.g. Newsletters/ displayed on Noticeboard etc).
- Staff maintain confidentiality in regards to individuals & families that they work beside. Advising them that the information they share remains private and confidential.
- Staff take care to keep all documentation (files, Plans, Timesheets etc) in a secure place.
- Individuals, families & staff are advised regularly about how their private information is stored at Weeroona.
- Consent forms are provided for individuals and families to sign for the release of information.
- Staff show respect for each individual and families personal needs and circumstances, including cultural and religious beliefs.
- Staff treat people with dignity in all areas of their lives (personal care, community access, meetings etc).
- Staff are involved in Professional Development training to gain knowledge which develops skills in the workplace, especially to assist with individuals and families.
- Feedback from individuals and families is sought.
- Staff use language which is appropriate for individuals and families (sign language, pictorial communica-

### **Behaviour Management Workshop - Managing Challenging Behavior**

#### TOPICS WHICH WILL BE EXAMINED IN THIS WORKSHOP

Types of Challenging Behaviour  
 What is Challenging Behaviour? - A General Definition  
 Understanding Behaviour - Why we Behave the way we do!  
 Describing Aggressive Behaviour - A Behavioural Model  
 Designing a Formal Positive Programme  
 Positive Strategies - Using the 14 Point Holistic Approach  
*PRESENTER - Clive Dennis - RN, B of App. Sci., Masters of Spec Ed.*

Wednesday 7 <sup>th</sup> March, 2012	<u>9.30 am – 12.30 pm</u>	GYMPIE
Great Eastern Motor Inn, 27- 29 Geordie Road		
Thursday 8 <sup>th</sup> March, 2012	<u>9.30 am – 12.30 pm</u>	HERVEY BAY
The Bayswater Hotel, 569 - 571 The Esplanade, Urangan		
Friday 9 <sup>th</sup> March, 2012	<u>9.30 am – 12.30 pm</u>	BUNDABERG
Comfort Inn Bert Hinkler, Cnr Takalvan & Warrell Sts		
Monday 12 <sup>th</sup> March, 2012	<u>9.30 am – 12.30 pm</u>	TOOWOOMBA
Toowoomba Motel & Events Centre, 2 Burnage St		
Tuesday 13 <sup>th</sup> March, 2012	<u>9.30 am – 12.30 pm</u>	SOUTH BRISBANE
The Greek Club & Convention Centre, 29 Edmondstone St		
Wednesday 14 <sup>th</sup> March, 2012	<u>9.30 am – 12.30 pm</u>	CARSELDINE
Carseldine Palms, 1631 Gympie Rd		

**COST:** \$110.00pp (Inc GST) Includes Tea, Coffee, Water & Biscuits (Registration – 15 MINS BEFORE)  
 \$199.00pp (Inc GST) FOR WORKSHOP & DVD (2011)

SPECIAL EDUCATION & DISABILITY SERVICES  
 PH: (08) 8288 0925 FAX: (08) 8288 0847

**EMAIL:** ebc@iprimus.com.au

**WEBSITE:** www.educonsult.biz

# Training Opportunities

## National Disability Services - Queensland

### PERSON CENTRED THINKING

#### Building Capacity for person centred supports

These two days of training provide participants with opportunities to work with actual structures and tools that they can use to help bring Person Centred Thinking and Practices into use. This thinking is a pre-requisite to developing a plan that will guide people to support an individual on a day-to-day basis.

Who should attend?

- Individual supporters and direct service staff who wish to learn tools that will powerfully capture their experience and enhance their ongoing learning.
- Pairs or teams of staff who want to have better conversations about the work that they do, the people they support, and what they base their work and decisions on.
- Any parents, family members or carers of someone with a disability (please attend with a service provider).

**When:** Mon 13th & Tues 14th Feb 9.00am-4.30pm

**Where:** NDS Service Development and Innovation Hub, Suite 5 - Level 4 Lutwyche Centro Shopping Centre, Cnr Lutwyche Road & Chalk St, Lutwyche

**Cost:** (Payment prior to workshop)

\$120 for service providers.

Free for family members attending with service providers.

## DISABILITY SOLUTION. WHAT MOTIVATES YOU?

**SEMINAR EVENT 22 ND FEBRUARY 9.00 AM**

**NOVOTEL TWIN WATERS. OCEAN DRIVE.**

### **MOTIVATION—LEADERSHIP- VISION**

*The speakers...*

**Evangelia (Zoe) Mantanis Naturopath** Zoe's field of expertise is in the ADHD autism sectors. Her life's work has been through assisting those with learning difficulties by building brain power through a healthy, holistic approach. Her teachings will assist you in giving your child the best start in life.

**Leanne Walsh Sunshine Butterflies** Leanne's journey & experiences have led her to develop and create a charity and service that specializes in supporting families and individuals.

Her outstanding work within the community has earned her many awards.

**Barbara Lehill CEO Of Disability Solution** has been working within the industry both here and overseas for the past 38yrs. Her journey is an inspiration to those seeking a positive change within their lives and the lives of others.

**Harold Hopper, Owner of Maleny dairy's.** Harold will share with us his life as a carer giver to his wife who lives with Dementia. Powerful, insightful speaker.

**Kiah Powell**, a young inspirational man who live with Asperger's and dyslexia. His insight into his world will move your heart.... Cost \$98.00 each

Contact Barbara Lehill CEO 0408027116  
info@disabilitysolution.com

## ADVOCACY INFORMATION AND TRAINING

Advocacy should be seen as an opportunity through adversity:

- A pathway to promote the validity and power of the individual
- Platform for personal growth
- Keeps the "bastards" honest
- To instil a culture of respect
- The opportunity to inform service
- A pathway to quality care and resources

**When: Mondays 10.00am - 1.00pm (for 4 sessions)**

**Where: Community Focus 3/2 Ann-Maree Close, Maroochydore**

**Date:**

27 February

05 March

19 March

02 April

**Topic:**

Understanding self advocacy and understanding self

Understanding your rights and responsibilities

Understanding the issues

Understanding how to do self advocacy and an introduction into shared decision making.

**Places are limited so please call the office to book on 5479 3110 or email [info@discoveryprogram.org.au](mailto:info@discoveryprogram.org.au)**

# Do Not Call Register

**Are you getting those annoying calls at all time of the day from people trying to sell you something that you probably don't even want?**

If so you can have your name put on the Do Not Call Register. The Do Not Call Register is a secure database where you can list your numbers to avoid receiving unsolicited telemarketing calls and marketing faxes. The Do Not Call Register allows you to greatly reduce the amount of unwanted telemarketing calls and marketing faxes you receive. Telemarketers and fax marketers are required by law to stop contacting you once you're on the register. This Register is managed by the Australian Communications and Media Authority (ACMA) on behalf of the Australian Government.

There are three ways in which you can register:

1. Online at [www.donotcall.gov.au](http://www.donotcall.gov.au)
2. Phone 1300 792 958
3. Fax 1300 793 514 (you must download a postal application from the website first)

**REGISTRATION IS FREE**

## MyTime Parents

MyTime is a facilitated peer support program for parents and carers of children with complex health needs. It is funded by the Australian Government Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA).

To be eligible for MyTime parents/carers must be eligible for the Carer Allowance (Child). Anyone eligible for this allowance - that is, parents and carers of children up to age of 16 - can join a MyTime group, but the play groups associated with MyTime are restricted to children of under school age.

MyTime groups are for parents and carers who want to connect with others and share their experiences. They provide unique support from other parents and carers who have "been there" or are "there right now". This support is different from that provided by professionals because MyTime members have first-hand knowledge of the challenges and joys that come with parenting a child with a disability or chronic medical condition.

For more information contact MyTime Gympie Facilitator  
Lee-Anne Dawson on 0439 328 448.

## International Women's Day

**2012**

**"WOMEN & SUSTAINABILITY"**

**Thursday 8th March—10am to 2pm at the Memorial Park**

Celebrate Locally: "Women and Sustainability" is the theme chosen by Gympie and District's Women's Health Centre. They be presenting speakers and therapist aimed at sustaining ourselves through our minds, bodies and homes. Topics include healthy relationships and environmental sustainability, as well as a singing workshop. Contact the Centre for a program.

**Gympie & District Women's Health centre**  
**Ph 5483 6588 or Email: [ghealth@spideweb.com.au](mailto:ghealth@spideweb.com.au)**

## Gympie Region Events February / March 2012

Compiled by Volunteer Tanya Easterby

### FEBRUARY

- |         |                                |   |
|---------|--------------------------------|---|
| 11th    | Mother Mountain Speedway       | Gates open 3pm, Racing 4.30 pm ph 5482 8722<br>www.gympiespeedway.com.au  |
| 11th    | Widgee Country Markets         | 6am - 12md Bookings to 5484 0355 or 5484 0102   |
| 11th    | Romancin the Rails             | Travel on the restored DH45 for Valentine's Day, leaves at 5.30pm from The Rattler, \$65 Bookings 5482 2750<br>www.thevalleyrattler.com               |
| 11th    | Akiki Twilight Expo            | F/Raiser Gympie Women's Health, 435 East Deep Crk Rd 5-9 pm Ph: 0406 118 233  |
| 11th    | Gympie Country Music Club      | Wesley Hall, Channon St, 7pm. Bus avail bookings 5484 9158, other enquiries 5486 6161   |
| 11-12th | The Cooloola Festival of Birds | Tin Can Bay Foreshore, workshops & field trips, guided bird tours, children's acitvites Ph 5482 6721<br>www.birdingcooloola.org.au                    |
| 12th    | Cooloola Coast Kart Club       | Champ Round 1, www.cckc.org.au for times and details  |
| 12th    | Beef Golf Day                  | Charity golf day for 2012 Gympie Show. Gunabul Par 3 Golf Course, 9am Shot Gun Start, fourball Ambrose format \$25 incl. sausage sizzle 5482 1244     |
| 14th    | Valentine's Day                |   |
| 17th    | New Grand Piano Celebration    | Gympie Civic Centre, Stefan Cassomenos. 7.30pm Tickets \$10 from Town Hall, 5481 0611   |
| 18th    | Bull & Broncs Spectacular      | Gympie Showgrounds. Gates open 5pm, action starts 6.30pm. Wild riders, live music, bar (NO BYO), food. Ph 5482 1721 www.gympieshow.org.au             |
| 18th    | Pink Stumps Day                | F/Raiser McGrath Foundation, Albert Park, Gympie All Stars VS Gympie Devils All Stars, Kick off 6.45pm, 20/20 under lights, food & canteen available. |
| 19th    | Bushranger Hold Up (Imbil)     | Imbil Station by Mary Valley Historic Re-enactment Assoc. ph 5482 6937 www.dressuptoremember.com  |
| 19th    | Bands in the Rotunda           | Gympie Memorial Park, BYO blanket/chair 12noon - 1.30pm Ph: 5481 0733   |
| 19th    | Fuss & Flair Bridal Expo       | Gympie Community Band Hall, 16 Red Hill Road, 2-6pm Ph: 0439 540 696  |
| 24th    | Mayoral Prayer Breakfast       | email: jillcrampton@bigpond.com   |
| 24th    | Blue Light Disco               | Gympie Civic Centre, ages 8-14 yrs, 6.30-9.30pm sharp ph: 5480 1444 NO ID = NO ENTRY<br>www.gympiebluelight.org                                       |
| 26th    | Simply Classical Concerts      | St Patrick's Church 2pm E: ggjkath@bigpond.com  |

### MARCH

- |         |   |   |
|---------|---|---|
| 3rd     | Bizzart Day                             | Gympie Regional Gallery, Nash St<br>www.gympie.qld.gov.au |
| 3rd     | Goomeri SHS 100yrs                      | Goomeri www.goomeriss.eq.edu.au                           |
| 3&4th   | Monster Garage Sale                     | F/Raiser Little Haven www.littlehaven.org.au              |
| 4-10th  | Foster & Kinship Carer Week             |   |
| 8th     | International Women's Day Celebrations  |   |
| 8th     | Gympie Women of Excellence Awards Night | www.gympiewib.com.au                                      |
| 9-11th  | Gympie SHS 100yrs                       | www.100.gympieshs.com.au                                  |
| 10-11th | Gold Museum Steaming Days               | Gympie Gold Museum, Brisbane Road                         |
| 10-11th | Mothar Mountain Speedway                | www.gympiespeedway.com.au                                 |



## Gympie Region Events (continued) February / March 2012

### MARCH (cont.)

16th	Heart of Gold	Favourite Short Film Festival <a href="http://www.heartofgold.com.au">www.heartofgold.com.au</a>
17th	St Pats Race Day	<a href="http://www.gympieturfclub.com.au">www.gympieturfclub.com.au</a>
17th	Rotary St Pats Night	Gympie Civic Centre <a href="http://www.littlehaven.org.au">www.littlehaven.org.au</a>
18th	Bushranger Hold Up (Imbil)	Imbil Station by Mary Valley Historic Re-enactment Assoc. ph 5482 6937 <a href="http://www.dressuptoremember.com">www.dressuptoremember.com</a>
18th	Bands in the Rotunda	Gympie Memorial Park, BYO blanket/chair 12noon - 1.30pm Ph: 5481 0733
21st	Harmony Day	<a href="http://www.harmony.gov.au">www.harmony.gov.au</a>
23rd	Blue Light Disco	Gympie Civic Centre, ages 8-14 yrs, 6.30-9.30pm sharp ph: 5480 1444 NO ID = NO ENTRY <a href="http://www.gympiebluelight.org">www.gympiebluelight.org</a>
23rd	Trivia Night	Gympie Go Getters E: <a href="mailto:admin@gympiegogetters.com.au">admin@gympiegogetters.com.au</a>
23-25th	Rotax Pro Tour Round 2	Cooloola Coast Kart Club <a href="http://www.cckc.org.au">www.cckc.org.au</a>
23-24th	Goomeri Show	<a href="http://www.goomeri.countyshows.com.au">www.goomeri.countyshows.com.au</a>
24th	Wild Wild West Train	<a href="http://www.thevalleyrattler.com">www.thevalleyrattler.com</a>
31st	Kilkivan Great Horse Ride	<a href="http://www.kilkivangreathorseride.info/">www.kilkivangreathorseride.info/</a>
31st	Teddy Bear's Picnic	MVHR Train Theme Ride <a href="http://www.thevalleyrattler.com">www.thevalleyrattler.com</a>

### MARKETS IN THE REGION

Gympie Southside Markets	Gympie South State School, Exhibition Rd Every 2nd & 4th Sunday of the month Ph: 0418 151 352
Gympie Museum Markets	Gympie Lake Alford (Duck Ponds), Brisbane Rd Every 1st, 3rd & 5th Sunday of the month Ph: 5482 3995
Dagun Growers Market	Dagun Station Every Saturday from 2pm Ph: 5484 3749 <a href="http://www.dagungrowersmarket.com">www.dagungrowersmarket.com</a>
Glenwood Community Markets	Glenwood Community Grounds, Pepper Road Every 3rd Saturday of the month 7am - 12 midday Ph: 5485 7468
Kandanga Markets	Kandanga Railway Station Every Wednesday & Sunday 10am - 12 midday Ph: 5488 4605
Amamoor Markets	Amamoor Station Every 1st Saturday of the month 9am - 12 midday Ph: 0488 075 955
Imbil Markets	Central Park, Yabba Road, Imbil Every Sunday 8am - 2pm Ph: 5484 5109 or 0428 843 480
Cooloola Cove Markets	Veterans & Community Hall, Nautilus Drive Every 1st Saturday of the month 7am - 11.30am Ph: 5488 0436
Tin Can Bay Markets	Opposite IGA Every 3rd Saturday of the month 7am - 12 midday Ph: 0408 066 988
Kin Kin Markets	Main Street Hall Every 1st Sunday of the month 10am - 2pm Ph: 5485 4226/5485 4228 E: <a href="mailto:kinkinmarket@hotmail.com">kinkinmarket@hotmail.com</a>